



Welcome to the TSC TOP NEWS

Volume 2010, Issue 1 - Published Thursday, February 11, 2010

WELCOME to the first 2010 newsletter from the Toronto Sports Council

The TSC works to help build a strong voice for sport in Toronto. Our mission is to Engage and Unite through Sport. If you are interested in getting involved and/or have thoughts or comments you want to share with us, please contact:

Tamara at tamara@torontosportscouncil.ca or check us out online at www.torontosportscouncil.ca

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DETAILS

1. **Open Invitation to Annual Toronto Sports Summit.** The TSC Annual Sports Summit will be held on **Saturday, March 6, 2010**. The sports summit will be held at the Toronto Hilton Hotel on Richmond Street. Evites with more detailed information will be distributed shortly. Another exciting agenda is being planned. A big **THANK YOU** to Toronto Tourism.
2. **Free TSC Membership in 2010 – Sign Up Now!** We feel that there is power in numbers. A larger membership base will help us build a strong voice for sport in Toronto. In the spirit of sport and Canada's Olympic year, membership in all Toronto Sports Council categories are **free** during 2010. To join the TSC, visit our website: www.torontosportscouncil.ca. Member categories are individual, organization (not-for-profit) and associate. Your free TSC membership will provide you and/or your organization with the opportunity to experience the many benefits of joining the TSC. Let your voice be heard. Stay involved in the excitement of sport!
3. **TSC Sport Working Groups.** The TSC continues to play a significant role in addressing sport specific issues that impact Toronto. Recent achievements include:
 - The **Aquatic Working Group**, comprised of more than 60 volunteers and led by former Toronto mayor David Crombie of the Toronto Lands Corporation and TSC Chair Karen Pitre, made great strides in keeping Toronto school pools open.
 - A **Field Hockey Working Group** comprised of the TSC, City of Toronto, Toronto District School Board and the field hockey community spent several months planning a shared use approach for field hockey development. The planning process was successful but the capital funds could not be found to move the project forward.
 - The **Basketball Working Group**, made of individuals who lead basketball clubs, convene a league or run a basketball organization, is being supported by [Bay St. Hoops](http://BayStHoops.com). The purpose of the working group is to increase basketball participation and the level of play within the city of Toronto. If you would like to join this group, please send an email expressing your interest to Adam Ali, adam@torontosportscouncil.ca, with your organization name, contact person, contact numbers and email. LET'S UNITE. Members of the Basketball Working Group are: David Rios; Shawn Bala; Myron Raja; Abdi Mohamed; Andrew Bale; Sandra Hamilton; Sherif Wahby; Donovan Dill; Tim Costigan; Justin Bobb; Adam Ali. In addition to supporting the working group, [Bay St. Hoops](http://BayStHoops.com) has a **Grant Youth Initiative** for basketball development with the initial granting amount totaling \$25,000.
4. **TSC Neighbourhood Working Groups.** The City of Toronto is a big place. You've told us that the most effective way of addressing our issues is to narrow it down to regions. In this way the Branch working groups were created, and consist of:
 - Toronto North
 - Toronto South
 - Toronto East
 - Toronto West

- City Wide Sports
- Accessible Sports

All Branch working groups focus on sports related issues and opportunities for their region or City-wide. Please email jeff@torontosportscouncil.ca if you'd like to become involved in any one of the six TSC Branch working groups.

- 5. TSC Partners and Sponsors.** The TSC is always looking for new partnership and sponsorship opportunities that contribute to the development of sport in Toronto. One example of a new partnership is a Ryerson Rams basketball program for female teens where the TSC provided the youth and life skills training component. If you would like to explore partnership or sponsorship opportunities with the TSC, please email justin@torontosportscouncil.ca
- 6. Thanks to TSC financial supporters.** We continue to thank those organizations that have provided financial support in our quest to move forward. **A BIG thank you to:**
 - Ontario Trillium Foundation for providing the financial support needed to establish a work team;
 - Bay Street Hoops and Tim Costigan for supporting the development of a basketball web page and basketball development in Toronto;
 - Toronto Tourism for supporting our web development and the annual sports summit;
 - Rotary Club of Toronto for supporting the development of a web-based sport volunteer directory;
 - Toronto Parks, Forestry and Recreation, Toronto Catholic District School Board and Toronto District School Board for helping further develop the facility inventory of our website.
- 7. Meet the 5 member TSC Team.** The TSC team is comprised of enthusiastic part-time workers who use their few hours per week to assist our volunteers in moving the TSC forward. Our most recent addition is Tamara Roth, Project Coordinator. Tamara (Tammy) comes to us after several years of working with the Town of Markham and playing a lead role in the development of the Markham Sports Council. Other work team members include:
 - Adam Ali, Community Development Officer;
 - Justin Bobb, Business Development Officer;
 - Karen-Ann Xavier, Strategic Communications Officer;
 - Jeff Carmichael, from the City of Toronto Parks, Forestry and Recreation Division, who provides support to the TSC work team and Board of Directors.

8. News In Sport

Kids Sports, by Warren Clark, Statistics Canada



Sport touches many aspects of Canadians' lives—their health and well-being, their social networks, their sense of social connectedness. Organized sport can help children grow, giving them a sense of achievement while building teamwork, leadership, problem-solving, decision-making, and communications skills. Sport also enables children to channel their energy, competitiveness and aggression in socially beneficial ways. Improving health through sport and other forms of physical activity may reduce future health-care costs and build lasting habits of physical fitness while combating the growing problem of childhood obesity. [More...](#)



Study: Organized sports participation among children, the Daily, Statistics Canada, June 3, 2008

A smaller percentage of Canadian children participated regularly in organized sports activities in 2005 than in 1992, and the decline was larger for boys, according to a new study. The study found that participation in sports rose with household incomes and the education levels of parents. It also showed that sports participation rates among children were highest in smaller towns and cities, and that children in Canada's three largest cities were least likely to participate in organized sports on a regular basis. [More...](#)



The link between exercise and more brainpower, Anne McIlroy

From Saturday's Globe and Mail Published on Friday, Nov. 06, 2009 7:35PM EST
Neuroscientists say parents who want to boost their children's mental performance should encourage kids to hit the road before they hit the books. It is first period at City Park Collegiate Institute in Saskatoon, and the Grade 10 students in Allison Cameron's class are priming their brains for an English assignment. They strap heart monitors on their wrists and climb on a treadmill or exercise bike for a 20-minute workout. When they're done, they move to their desks and start writing. The students are taking part in a program that aims to help them improve their focus, concentration and, ultimately, their academic performance through regular exercise in class. [More...](#)



2015 PanPara Games in Toronto

TORONTO — Toronto has won the 2015 Pan Am Games, on the first ballot. The victory was announced at a city-run party on Toronto's waterfront just after 4:30 p.m. "It's amazing," said Deputy Premier George Smitherman. "A decisive first-ballot victory." The announcement came after 42 delegates from the Pan American Sports Organization pondered the final presentations from Toronto and the other contenders — Bogota, Colombia, and Lima, Peru. A total of 52 ballots were cast, since past host cities get to vote twice.



2010 Vancouver Winter Olympics

The Vancouver Winter Olympics runs from February 12-28, 2010. February 12th will start at 10am with ski jumping individual qualifications and then the opening ceremonies at 6pm. The Olympic cauldron will be lit at that time. The Olympic torch is still making its way through Canada. Today it is working its way from Osoyoos, BC to Kelowna, BC. CTV is using a specially-mounted streaming camera on the media truck accompanying the Vancouver 2010 Olympic Torch Relay, you can follow the torch relay from the CTV website at: www.ctvolympics.ca/torch/follow-torch/index.html